

FALL 2004

VOLUME 47

FLIGHT NO. 3



Mark Lobr Kicks Off His Hunting Season With A Fine Montana Bull Elk

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FLIGHT NO. 3

VOL. 47

Published Quarterly Dave Proctor, Editor 5039 Wengers Mill Road Linville, VA 22834

Flight Deadline

The deadline for the Winter issue of FLIGHT will be December 13, 2004. Please submit articles of interest to the editor prior to that date. Send us your letters, stories or photos. This is your newsletter and we encourage your contributions!

From The Publicity Director

ow that most of the club shoots and State Tournaments are behind us, I know a lot of you are looking forward to the Bowhunting season. The predictions from the Game Department really look great this year. The 2003/2004 Hunting Incident Report reported one bow treestand accident. The bowhunter was putting up a tree stand, lost a bolt and used a temporary fix. He fell 14 feet, fractured his neck and now is paralyzed. Hopefully, we won't hear about this or similar incidents from any of YOU! It surely pays to check all your equipment and make sure that you are in good physical condition before proceeding into the woods. It is even more important to attend an IBEP class. They are held at various locations throughout the Commonwealth. So check out the VDGIF website for IBEP/Hunting classes, their new G.U.I.D.E Program for Outdoor Education Instructors, and other important information. Also, if you have lost your Hunter Ed or IBEP card, you can call 1-877-HUNT-EDU and for \$15.00 they will issue you a new one.

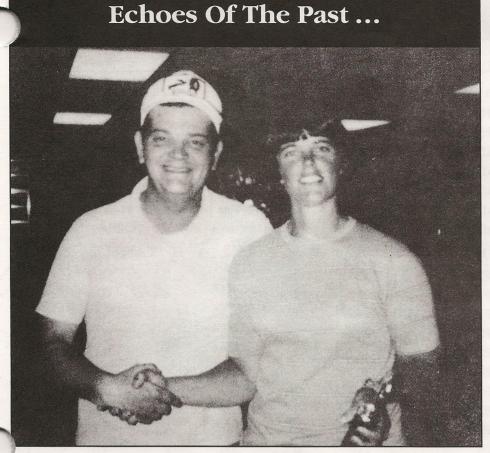
Next is FLIGHT. You, the delegates and members, have asked that the VBA Calendar of Events, Bids for State Championship Tournaments, agenda items from the VBA quarterly meetings and any other information be published in FLIGHT, and we have honored your requests. We ask that you continue to send Dave Proctor your club ads, articles and pictures of your bowhunting adventure, taking a vouth bowhunting, IBEP and archery class dates and locations, and any other information that will benefit you, your club or other VBA members. There are a lot of archers out there who don't know about us and what we do and we need for you to continue to spread the word!

Now I'm sure you all would like to know how the "2004 Ducks Unlimited Great Outdoors Festival" went. For the first year, I can only say "Fantastic!" Although I don't have the final count of attendees at the festival, I do know that we had at least 1,242 attend the "Archery Village." The Ducks Unlimited folks, especially Rich Johnson, Neil Roth and I were very well pleased with how smoothly everything went, even through the storms on

Friday afternoon. All our volunteers had a wonderful time and enjoyed every moment of it! More than 80% of our visitors were children ranging from two years old and up. You can't imagine how excited the kids were! We had the great opportunity and honor of Byron Ferguson and his wife stopping by. John Tomke, President of Ducks Unlimited was present, as well as CBS Channel 6 and the Primedia folks. On Friday I was asked to participate at Sunday's Bowhunter Challenge 3-D moving target arena with Byron Ferguson, Pros Susan Thompson, Mike Davis and four others whose names were drawn. Even the 100 or so visitors enjoyed watching the challenge. We all had fun and that is what it is all about. Neil, the DU folks and I would like to thank the following volunteers who made this event such a success: Victor Barnett, Richard Atchison, Dave Burpee, Wayne Chadwick, Bryant Fields, Julian Ottley, Donald White, Tommy Bendall, Kevin Brook, Roger Almond, Chris Baton, Mike Davi Susan Thompson, Thomas Edmonds, Amy Dietz, David Andusko, Chuck Dodson, Alexandria Ogburn, Jason from the local Fire Department and Keith Fields' four Boy Scouts from Mechanicsville Troop 553. On Friday our volunteers worked with Jack French, Andrew Cridlin, Brandon Fields and Chris Collins, shooting at various distances so the boys could earn credit toward their Merit Badges. Prior to the Festival, I was asked to attend a Press Release at our State Capitol. There I met Lee Graves, Outdoor Sports Editor for the Richmond Times-Dispatch. After the interview I gave him a VBA Packet and he contacted Dixie Bowmen and interviewed Wayne Chadwick. An article and a picture of Wayne shooting was published on Friday, September 17th as well as other articles about the festival that weekend. We are hoping to have more volunteers next year, so that YOU can all enjoy the festival as much as we did. Wishing everyone the best of luck bowhunting, and have a safe and successful hunting season!

Yours in archery,

- Irene Stocksdale



Can you identify this 1981 State Champion?

Quarterly Meeting Results

- Motion by NORVA to increase the VBA 3D shooters' fee to \$1.00 per shooter from the current .50 per shooter. PASSED
- Motion by NORVA to publish in Flight all agenda items to be voted on by VBA clubs along with any information, explanation or rationale that were discussed at the VBA meeting. PASSED
- Motion from the office of the Executive State
 Secretary/Treasurer to delete Standing Rule #3. PASSED
- Motion from the office of the Executive State Secretary/
 Treasurer to increase the VBA Bowhunter membership dues to
 \$30.00 per year, effective 1/1/05. PASSED
- Motion from the office of the Executive State
 Secretary/Treasurer to increase adult or head of household VBA
 membership dues to \$20.00 per year, effective 1/1/2005.

 PASSED

Attention, Bowhunters!

If you love to bowhunt as I do and Virginia's game book dates of when each game animal is in season confuses you as it does me, and you don't wish to let one get away just because you don't know if it's legal to harvest, then you need "IN SEASON," invented by a bowhunter FOR bowhunters.

My invention attaches to the inside of your bow limb top or bottom and with a quick glance you can tell if that approaching animal is in season or not. Don't let one get by you! Order today. Game animals are Deer, Bear, Turkey, Squirrel, Rabbit, Grouse, Bobcat, Fox and Raccoon. Also you will be able to tell when to wear your safety orange while bowhunting during firearms season. Please send \$5.50 and include the name of the Virginia county in which you hunt. Send to:

Mike Turner 177 Kaylor Circle McGaheysville, VA 22840

Please note that \$1.00 from each sale goes to the Virginia Bowhunters Association.

2005 Hosts For State Championship Tournaments

State Indoor Sectional
February 26-27, 2005
Belvoir Bowhunters
Sherwood Archers

Spring 3-D Classic

April 23-24, 2005

Shenandoah County Archers

State Open May 28-29, 2005 Sherwood Archers

Fall 3D Classic August 20-21, 2005 NORVA

State Closed September 3-4, 2005 Buggs Island Archers



VBA Fall 3-D Classic – 2004, Hosted By Kingsboro Bowmen

Rank	Name	Style	Class	Day Score	Xs	Dar Score	y 2 Xs	Tota Score	als X
SC	Chris Willard	AFBB		235	5	239	4	474	9
SC	Rhonda Nester	AFBHFS		188	3	202	3	390	(
2nd	Tami Willard	AFBHFS		111	2	137	3	248	5
SC	Robin Vogel	AFTRAD		197	3	200	2	397	4
2nd	Cay McManus	AFTRAD		178	2	175	1	353	3
3rd	Deb Woofter	AFTRAD		130	0	146	2	276	1
	Nancy Fields	AFTRAD		124	1	109	1	233	
	Dawn Bunting	AFTRAD		53	0	0	0	53	
	СН	A M P	I O N	S H I	P	FLIG	н т		
SC	Steve Cardwell	AMBHFS		243	7	241	6	484	1
2nd	Ed Doan	AMBHFS		233	2	277	4	460	(
3rd	Shawn Lindley	AMBHFS		206	1	229	1	435	
	Benjamin Bayma	AMBHFS		231	2	203	3	434	
	David Mott	AMBHFS		227	2	207	3	434	
	Jeffrey Rouse	AMBHFS		207	4	227	4	434	
	Wayne Webb	AMBHFS		239	7	182	0	421	
	David Wood	AMBHFS		217	2	204	2	421	
	Andy Fleetwood	AMBHFS		206	4	211	3	417	
	Rich Soper	AMBHFS		210	0	206	1	416	
	Chuck Frain	AMBHFS		221	3	194	1	415	
	Jimmy Pike	AMBHFS		190	2	205	3	395	
	Travis Foster	AMBHFS		192	1	185	3	377	
	Andy Willis	AMBHFS		215	1	0	0	215	
	David Jefferson	AMBHFS		192	2	0	0	192	
		S E C	O N	D F	L I	G H T			
1st	Mark Lohr	AMBHFS		176	2	224	3	400	
2nd	Thomas Curl	AMBHFS		188	3	187	3	375	
3rd	Robert Deaver, Jr.	AMBHFS		138	0	196	2	334	
	Ben Mott	AMBHFS		174	3	152	0	326	
	Wayne Hoffman	AMBHFS		179	0	146	1	325	
	Joe Boaz	AMBHFS		152	0	163	1	315	
	Johnny Ray Mills	AMBHFS	1	145	1	133	0	278	
	Bret Humphrey	AMBHFS		143	2	110	1	253	
	Mike Harris	AMBHFS		129	1	111	1	240	
	Hal Holloway	AMBHFS		99	0	108	2	207	
	Frank Durkin	AMBHFS		0	0	174	0	174	
	Chris Tanner	AMBHFS		123	1	0	0	123	
	Billy Fleetwood	AMBHFS		95	1	0	0	95	
SC	Jon Robertson	AMBHFSL		207	4	214	6	421	
2nd	Earl Cash	AMBHFSL		142	2	196	0	338	
SC	Roger Almond	AMFS		264	9	272	12	536	2



FLIGHT

2nd

SC

SC

Patrick Vogel

Joshua Lynch

Sarah Lavenhar

YAMTRAD

YFBB

YMBHFS

VBA Fall 3-D Classic – 2004 (continued) Day 1 Day 2 Totals Rank Name Style Class Score Xs Score Xs Score Xs 2nd Joe Pitt **AMFS** 3rd Tracy Wolfrey **AMFS** Roger Mathews **AMFS** Grady McCoy **AMFS** Mat McCoy **AMFS** Thomas Copeland **AMFS** Rich Zbikowski **AMFS Burley Miller AMFS AMFS** Rick Sowers Les Banks **AMFS** SC Paul Vogel **AMTRAD** 2nd Don Bedner **AMTRAD** 3rd Jerry Jordan AMTRAD Phil Fields **AMTRAD** Terry Coghill **AMTRAD** Bill Harris **AMTRAD** Ron Lynch **AMTRAD** Joe McManus **AMTRAD** Charles Barton **AMTRAD** Ray Stone **AMTRAD** Sammy Matthews **AMTRAD CFBHFS** Erica Stone Jessica Cash **CFFSL** Landon Nester **CMBHFS** 2nd Cody Lindley **CMBHFS** 3rd Alex Lindley **CMBHFS** Trystan Johnson **CMBHFS** SC Caleb Lynch **CMTRAD** SC Ryan Bunting **PWMTRAD** SC Ed Stevens **SMBHFS** James R. Stone **SMBHFS** Wayne Wilson **SMFS** 2nd Jimmy Brinkley **SMFS** Lindsay Lavenhar **YAFFS** Clara Lacey **YAFFS Brent Stone YAMFS** Josh Lohr YAMTRAD

THANKS TO ALL WHO PARTICIPATED!

2004 VBA 3D Fall Classic



13 - State Champs

2004 VBA State Closed



19-

State Champs

VBA State Closed – 2004, Hosted by New River Bowhunters

				Field R	ound	Animal/Hunt	er Round	Totals	
Rank	Name	Style	Class	Score	Xs	Scores	Xs	Score	. X
SC	Tony Hall A	MTRAD	AA	285	0	362	0	647	0
2nd	Roy Forehand A	MTRAD	AA	297	0	316	0	613	0
Brd	Jerry Jordan A	MTRAD	AA	298	0	258	0	556	0
lst	Terry Coghill A	MTRAD	C	256	0	261	0	517	0
SC	Roger Pruitt, Jr.	MBHFS	AA	527	0	547	0	1074	0
2nd	Harry R. Williams II A	AMBHFS	AA	515	0	539	0	1054	0
Brd	H. Webb Babcock, Jr. A	AMBHFS	AA	521	0	532	0	1053	C
	Leo T. Wiegand, Jr.	AMBHFS	AA	515	0	532	0	1047	C
st	Roger Pruitt, Sr.	AMBHFS	A .	507	0	535	0	1042	(
2nd	M. A. Tony Reece	AMBHFS	A	509	0	519	0	1028	(
3rd	Charlie Wright A	AMBHFS	A	495	0	526	0	1021	C
1st	Brad Nester A	AMBHFS	В	460	0	508	0	968	(
2nd	Gary Sehen A	AMBHFS	В	439	0	433	0	. 872	(
SC	David Gallimore A	MBHFSL	В	444	0	497	0	941	(
SC	Jarrett Frame	AMFSL	AA	498	0	532	0	1030	(
	Joe Rozmus	AMFSL	Guest	502	0	0	0	502	. (
SC	Stacey Pruitt	AFBHFS	AA	527	0	548	0	1075	(
SC	Cay McManus	AFBB	AA	463	0	515	0	978	
SC	James H. Thurman AM	IFS-Senior	AA	538	0	548	0	1086	(
2nd	Alan Hines AM	MFS-Senior	AA	535	0	549	0	1084	(
3rd	William Shumate AM	MFS-Senior	AA	499	0	534	0	1033	(
SC	Lorrie Emerson AM	IBB-Senior	AA	431	0	447	0	878	(
SC	David Dobbins AMB	HFSL-Senior	В	317	0	402	0	719	(
SC	William Keen, Jr.	AMBB	AA	469	0	499	0	968	(
2nd	Pat Snow	AMBB	AA	470	0	491	0	961	(
3rd	Mark D. Covington	AMBB	AA	463	0	491	0	954	(
	John Harless	AMBB	AA	427	0	503	0	930	(
SC	Bertha Brugh	AFFS	AA	467	0	507	0	974	(
2nd	Auvray K. Shumate	AFFS	AA	448	0	504	0	952	(
SC	John Mason	AMBH	AA	480	0	504	0	984	(
2nd	Howard Faris	AMBH	AA	482	0	473	0	955	(
3rd	Joe R. McManus	AMBH	AA	423	0	469	0	892	(
SC	Darryl D. Diehl	AMFS	AA	552	0	564	0	1116	(
2nd	Robert W. Kenley	AMFS	AA	547	0	562	0	1109	
3rd	Kenneth Reynolds	AMFS	AA	538	0	559	0	1097	(
	William Hale	AMFS	AA	540	0	554	0	1094	(

VBA State Closed – 2004 (conti	nued)
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and and				Field Ro	und	Animal/Hun	ter Round	Tot	Totals	
Rank	Name	Style	Class	Score	Xs	Scores	Xs	Score	Xs	
	Robert B. Tate	AMFS	AA	544	0	548	0	1092	0	
	C. D. Miller	AMFS	AA	537	0	555	0	1092	0	
	Terry Ballowe	AMFS	AA	525	0	544	0	1069	0	
1st	Dale Rucker	AMFS	A	508/41xs	0	534	0	1042	0	
2nd	Rob Pecora	AMFS	A	516/38xs	0	526	0	1042	0	
3rd	James Brugh	AMFS	A	488	0	523	0	1011	0	
	Steve Lowe, Sr.	AMFS	Guest	509	0	522	0	1031	0	
	Dave Palmer	AMFS	Guest	480	0	505	0	985	0	
SC	Hunter Hall	MCUB-BH	AA	255	0	415	0	670	0	
SC	Landon Nester	MCUB-BHFS	AA	472	0	510	0	982	0	
1st	Marcus Diehl	MCUB-BHFS	В	388	0	471	0	859	0	
SC	Lucas Kenley	MCUB-FS	В	376	0	450	0	826	0	
SC	Kimberly Dobbins	YAFBHFSL	AA	238	0	342	0	580	0	
SC	Joshua Snow	YAMBB	В	295	0	335	0	630	0	
SC	Mark Gallimore	YMFS	A	471	0	517	0	988	0	
SC	Matthew Dobbins	YMBHFSL	AA	132	0	72	0	204	0	



Overall Winners



WANTED: PHOTOS FOR 'THE FLIGHT'

Wally wants hunting photos for The Flight, and here are some hints for better pictures!

The best quality bowhunter success photographs exhibit four essential ingredients:

- · The animal
- The bowhunter
- · The archery equipment used
- · The natural setting

Presenting the Animal

- 1) Place the animal so that it is in the approximate center of the photo.
- 2) Position the hunter so that he or she does not steal the show.
- 3) Blood, gaping wounds and hanging tongues are offensive and totally destroy an otherwise good quality hunter-success photo. Treat your trophy animal with the respect and dignity it deserves.

Presenting the Hunter

1) The hunter should be posed in hunting clothing. Camo, wool, or

whatever you wear when seriously hunting is appropriate.

2) Relax and smile!

Presenting the Archery Equipment Used

- 1) The bow should always be shown clearly, but is best shown almost casually or incidentally in the photograph.
- 2) If arrows are displayed, clean any blood from them.

Presenting the Natural Setting

- 1) The natural setting is the key ingredient that ties all the other ingredients together. The setting can make or break most photographs. A completely natural setting is the only acceptable one.
- 2) Hunter-success photos should NEVER be taken in garages, on driveways, in pickup truck beds or on front lawns!



Dixie Bowmen Archery Club

WHITETAIL WEIGHTS

GIRTH MEASUREMENT	LIVE WEIGHT	DRESSED	EATABLE MEAT
24"	56 lb.	39 lb.	26 lb.
25"	62 lb.	44 lb.	28 lb.
26"	67 lb.	49 lb.	30 lb.
27"	71 lb.	54 lb.	32 lb.
28"	78 lb.	59 lb.	35 lb.
. 29"	83 lb.	64 lb.	37 lb.
30"	90 lb.	69 lb.	40 lb.
31"	97 lb.	74 lb.	43 lb.
32"	103 lb.	80 lb.	46 lb.
33"	111 lb.	88 lb.	50 lb.
34"	117 lb.	92 lb.	53 lb.

GIRTH MEASUREMENT	LIVE WEIGHT	DRESSED	EATABLE MEAT
35"	125 lb.	98 lb.	56 lb.
36"	134 lb.	104 lb.	60 lb.
37"	145 lb.	114 lb.	65 lb.
38"	156 lb.	125 lb.	70 lb.
39"	168 lb.	134 lb.	75 lb.
40"	181 lb.	144 lb.	81 lb.
41"	194 lb.	155 lb.	87 lb.
42"	211 lb.	169 lb.	95 lb.
43"	227 lb.	182 lb.	102 lb.
44"	243 lb.	197 lb.	110 lb.
45"	266 lb.	214 lb.	119 lb.
46"	289 lb.	232 lb.	130 lb.
47"	311 lb.	250 lb.	140 lb.
48"	339 lb.	272 lb.	152 lb.



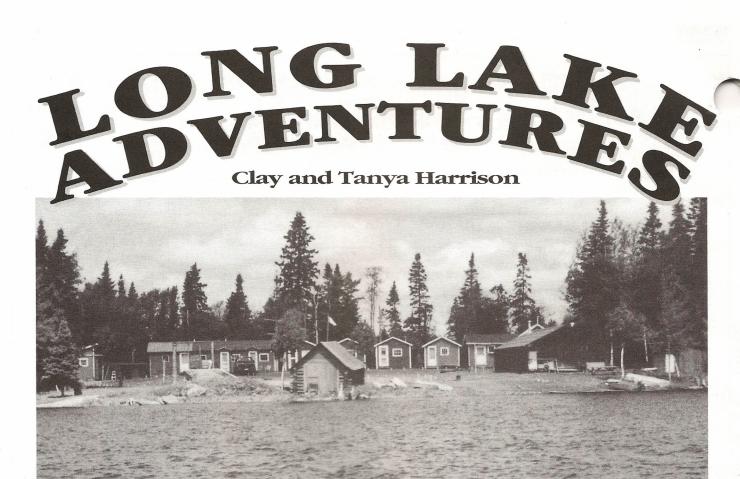
APPLICATION FOR VBA GAME AWARDS VIRGINIA BOWHUNTERS ASSOCIATION, INC.

Date:

(Print name as it appears on VBA card)	(VBA Numbe		Street Address)	
(2)	,	, hereby	certify that I harves	ted a
(City and State)		Code)		
	d that I am a mer	nber of the Virgin	ia Bowhunters	
(Buck) (Doe) (Bear) (Turkey)	1 -4 2 - 11 - 1	1 2 11		- C41
Association, Inc., and in good standing at t	nat time. I hereb	by submit an applic	cation for one or mor	e of th
following VBA awards:				
Bill Bennett Award		If this is vo	our first Bill Bennett	П
Largest Buck by Dressed Weight		award, che		
Largest Duck by Dressed Weight Largest Doe by Dressed Weight	H			
Best Rack Score (use the Virginia	_			
Largest Bear by Dressed Weight				
Largest Turkey by Weight				
Largest Turkey by Weight	_			
	Signed:			
Pertinent information is provided below:				_
VBA Club Affiliation:	State Gam	e Taken in		
Date of Bow Harvest:	Big Game	Tag Number:		
Weight of Buck / Doe:	Weight of B	Bear / Turkey:		
(Note: Provide copy of Check Sta	tion Transport fo	orm or other weigh	nt documentation)	
Time of Day:(a.m./p.m.) Distance of S	Shot:			
Time of Day:(a.m./p.m.) Distance of S Type of bow: CompoundR	ecurve	Longbow	Other	
Hunting method: Tree Stand G	Fround Blind	Stalking	Other	
Rack Score Using the Virginia System: _				
N COCC : 10				
Name of Official Scorer (print):		1' '' \		
(Note: Signed score sheet must ac			I ICIT)	
(If possible, include a picture with description	of game harvested	ioi publication in r	LIGHT.)	
Print Name and Signature of Witness:				
Time Ivalite and Signature of Witness:	(Person who say	v game after it was	c harvested)	
	(1 CISOII WIIO Sav	v gaine after it was	s Hal vesteu)	

THIS APPLICATION MUST BE RETURNED WITHIN 90 DAYS OF HARVEST (BUT NOT LATER THAN MARCH 1ST AFTER THE SEASON) TO: VBA EXECUTIVE STATE SECRETARY, ANN R. BOYD, 154 WILKINS DRIVE, WINCHESTER, VA. 22602

Note: 1) If possible, please include a picture of yourself with the game giving the name and description of game on back for identification. 2) First, second and third place awards are available for each size category. 3) The first Bill Bennett award is a Plaque and following awards are arrowhead pins.



P.O. Box 1113 • Plaster Rock, NB, Canada E7G 4G9 • (506) 356-5151

TROPHY HUNTING AT ITS FINEST

Spring Bear Hunt

- 88% Shootable Bear Opportunities
- More Multiple Bear Sightings From Stands Than Ever!
- Average Weight Of Harvested Bear 225-275 lbs.

Fall Bear Hunt

• Over 99% Sightings Of Shootable Bear With 70% Success



- Located 30 miles from Plaster Rock, New Brunswick, Canada, on the shores of Long Lake.
- 800,000 acres of private woodland.
- Over 35,000 acres of exclusive bearbaiting area and an extremely healthy bear population.
- We cater to the novice as well as the experienced hunter.
- A deposit of 30% is required at the time of booking
- All taxes, gate fees, licenses are included; gratuities not included.

Call now for special pricing on Spring and Fall Bear Hunts!

Price includes 6 nights and 5 days of hunting. Arrive at camp on Sunday afternoon (supper is included) and depart on Saturday.

Price includes accommodations, home-cooked meals, one guide per three hunters, and transportation to and from the hunting area.

Virginia Bowhunters Association announces its

Tenth Annual Awards Banquet

Saturday, March 19, 2005
Pano's Restaurant
3190 South Main Street (Exit 243 off I-81)
Belle Meade Red Carpet Inn, Harrisonburg, Virginia

Social Hour - 6 - 7p.m. • Dinner - 7 - 8 p.m. Speaker/Awards - 8 p.m. Guest Speaker: Monty Browning

AWARDS GIVEN FOR:

Biggest Buck – 1st, 2nd, 3rd (Antlers – Virginia Scoring System)

Biggest Buck (Weight)

Biggest Doe (Weight)

Biggest Bear (Weight)

Biggest Turkey (Weight)

★ DOOR PRIZES • RAFFLE ★ ★ BIG GAME TROPHIES DISPLAYED ★

To Enter Your Big Game Animal, Contact: Kevin Reedy (276) 728-4456

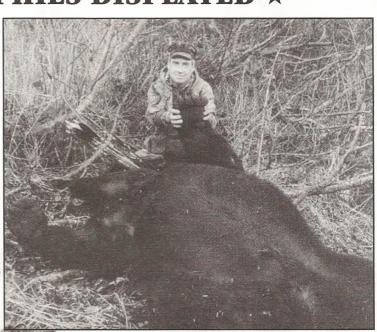
For Banquet Information:

Kevin Reedy (276) 728-4456

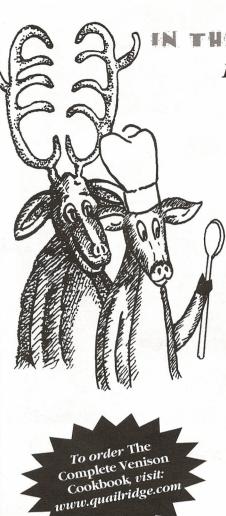
Rob Burnham e-mail: bowfari@comcast.net

For overnight reservations, all (540) 434-6704

For special room rate, tell them you are a VBA member!



Guest Speaker Monty Browning



HE KITCHEN WITH WINNIE & WALLY

Roast Venison with Sweet Potatoes & Apples

15 lb. venison loin

1 cup water

1 tsp. salt

1/2 tsp. pepper

2 lbs. sweet potatoes, peeled and cut into 1/2" slices

1 1/2 lbs. apples, peeled, cored and cut into 1/4" rings

1/3 cup packed light brown sugar

1 tsp. ground cinnamon

1/4 tsp. ground nutmeg

1 Tbsp. all purpose flour

1 cup canned beef broth

basil leaves

Saw lengthwise through the backbone of the loin and tie the backbone on the roast in several places. The bone will add flavor to the meat, and the meat will be easier to cut when the bones are removed before serving. Preheat the oven to 350 degrees. Rub the meat all over with the salt and pepper. Insert a meat thermometer in the thickest part of the meat, but not touching the bone. Add water to bottom of roasting pan. Roast about 30 minutes per pound or until the thermometer reaches 170 degrees. While the venison is roasting, boil the sliced sweet potatoes in salted water until tender, but not falling apart. Drain. Remove the venison from the oven 30 minutes before it is done, and skim off most of the fat from the roasting pan, leaving the venison drippings behind. Place the cooked sweet potatoes and the raw apple rings around the venison. Mix the brown sugar and spices and sprinkle them over the apples and sweet potatoes. Spoon the reserved drippings over the apples and sweet potatoes. Return the venison to the oven and bake about 30 minutes until the apples are tender. Place the venison on a platter and surround with the sweet potatoes and apples. Keep warm. Again skim off most of the fat from the roasting pan, leaving the venison drippings behind. Add the flour and beef broth to the contents of the pan. Cook over low heat on top of the stove for two minutes, stirring constantly until the flour is well blended. Continue cooking over low heat, stirring until gravy thickens. Garnish roast with basil leaves. Serve gravy separately. Serves 8 to 10.

> From The Complete Venison Cookbook by Harold W. Webster, Jr.

BEAR STEW

1½ - 2 lbs. bear stew meat 1/4 cup flour 1 tsp. dried marjoram leaves 1 tsp. salt 1/8 tsp. pepper

2 Tbsp. vegetable oil

1 small can tomatoes, undrained

1 cup water

1 medium onion, cut in half lengthwise, thinly sliced

1/2 cup chopped celery

1/4 cup white wine

1 Tbsp. vinegar

2 cloves garlic, minced

1 bay leaf

2 medium baking potatoes, cut into 1" cubes emove all fat and silverskin from meat. Cut into 1 inch pieces. In large plastic food storage bag, combine flour, marjoram, salt and pepper; shake to mix. Add meat; shake to coat. In medium heavy saucepan, heat oil over medium-high heat until hot. Add floured meat and brown, stirring occasionally.

Add remaining ingredients, except potatoes; mix well. Heat to boiling; reduce heat and cover. Simmer for one hour, stirring occasionally. Add potatoes to saucepan. Heat to boiling; reduce heat and cover. Simmer for about one hour, until meat and potatoes are tender, stirring occasionally. Discard bay leaf before serving... or leave it in. Whoever finds it gets to do the dishes!

Dale L. Hansen Harlan, Iowa

From "The North American Hunting Club 1997 Wild Game Cookbook"

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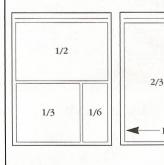
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