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THE OFFICIAL PUBLICATION OF THE VIRGINIA BOWHUNTERS ASSOCIATION

VIRGINIA BOW

FLIGHT NO. 2

MARCH/APRIL 1988

**VOLUME 30** 

## SHERWOOD ARCHERS hosts

1988 Virginia State Open Outdoor Tournament May 14-15

at the Sherwood Archery Range, Roanoke, Virginia

#### REGISTRATION

Friday, May 13 7:00 p.m. to 8:30 p.m. Saturday, May 14 8:00 a.m. to 9:00 a.m. Registration fees will be \$15.00 for individuals and \$25.00 for families.

#### CAMPING

Camping will be available at Sherwood Archers in Roanoke.

#### HOTELS

You may wish to stay at the Quality Inn at Rt. 419 and I-81.

\$47.95—Double

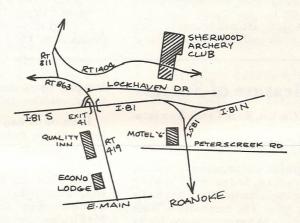
Motel "6" at I-581 and Peterscreek Rd.

Single \$22.31 Double \$28.70

Econo Lodge at Rt. 419 and Rt. 460

Single \$25.00

Double \$29.00



Any further information may be obtained from:

B. H. Rakestraw III —344-5362

Phil Cantrell

-387 - 2145

Dennis Mitchell

-981 - 0647

## WARWICK BOWMEN hosts

1988 NFAA Mid-Atlantic Sectional Championships June 18-19

Pre-registration forms and fees should be mailed to John Street, 1003 London Company Way, Williamsburg, VA, 23185 or call 804-229-2746 after 6:00 p.m. for any further information.

> Come out and help celebrate Warwick's 40th Anniversary

#### **CAMPGROUNDS**

Newport News City Park 13564 Jefferson Ave., Newport News, Va 23603 804-887-5381

#### HOTELS

Days Inn-14747 Warwick Blvd.-804-874-0201 Has a Sports plus membership program.

Econo Lodge—11845 Jefferson—804-599-3237 Offers group rates. Under 18 free.

Holiday Inn-6128 Jefferson-804-826-4500 Offers group rates.

Mulberry Inn-16890 Warwick Blvd. 804-887-3000

Knights Inn-I-64 & US 17 N.W.-804-595-6336

### VBA Meeting Highlights Summary

(Supplied to Flight Editor by Rob Pecora, TRAC)

**Officers Reports** 

Corr. Sec.: Present membership 1,326, New 304, Clubs 30.

Cons. V.P.: Need club rosters from all clubs to be sent to the Virginia Wildlife Federation.

Field V.P.: Has received several requests to establish a senior division (classification) within the state. He discussed either having only one division with no equipment breakdown, or several divisions based on equipment. Age to be set at 55 to match NFAA division.

He also discussed a breakdown of classification for youth and young adult based on equipment used (Bowhunter Freestyle, etc.)

VBA Field Gov.: He will be on the road for quite a while and can best be reached

by calling his office and leaving a mes-

He discussed the ranges due for inspection.

Committees

(Computer): Ready to order the computers at a total cost of \$2,700.00 for everything needed. Will order, setup, and get to Nancy Lee as soon as possible.

(Pro Division): 5 Members at present with others on sidelines.

(Bowhunter Comm.): Chairman Jim Ram. Has finally resolved last year's raffle and will certainly handle raffles differently in the future.

Next meeting set for June 25-26 in Charlottesville.

Elroy Russel nominated to the Order of the Golden Feather.

Motion proposed by Massunutten Archery changing Article 4 Section 2 was defeated by a vote of 17 to 4.

Agenda items—June meeting

1. Motion to raise the cost of pin shoots from 3 to 4 dollars with 25 cents

per shooter to go to the VBA. (Shenan-doah Co. Archers)

2. Motion to raise the dues for individuals and/or head of household by \$2.00 effective for 1989. (Shenandoah Archers)

3. Change in divisions within classifications by deleting AA and moving all other class up. A becomes AA, B becomes A, C becomes B+C. (Shenandoah Archers)

4. A motion was made to be brought up to NFAA to delete the use of overdraws in all Bowhunter divisions. (Prince William Archers)

5. Motion to change Article 15 Section 1-L so that VBA Pro's will be able to compete at State or Local shoots with no Pro classes. (Pro Division)

6. Motion to change Article 15 Section 1-K to increase the cost from \$25.00 to \$30.00 per family at state shoots. (Field VP)

7. Motion to change Article 15 Section 2-I to read that the rules must be posted at State shoots only. (Field VP)

#### The Measure of Success

by Doug Carico, Bear Creek Bowmen

"Did you get anything?"

"NO!!"

The emphasis on the answer is not out of frustration from not having bagged the intended quarry. That was a secondary goal. The emphasis is from the frustration of having this particular question asked by fellow bowhunters! The measure of success of a hunt is not in the killing, but rather in the quality of the hunt. Getting to know yourself, your hunting partner, your quarry, and your surroundings better should be the only measure of a successful hunt. To have no regrets. To leave the beauty that you found. To turn the respect for your quarry into close encounters without a shot, because you weren't sure you could make a clean kill. To know that when the quarry is yours, the time will be right in every way.

The expenses of the hunt were substantial. The license fee for archery elk was \$210.00. Two weeks vacation had been allotted for the trip and hours of planning had gone into the hunt. The pressures to take an elk were there! However, four members came home from a Colorado hunt without filling a tag, but their pride in themselves and respect for their fellow hunters had grown. Each had experienced new and unforgettable experiences: snow storms in September, high altitude headaches, snowshoe rabbits, chokeberries, porcupine, golden eagles, spruce grouse, coyotes, and double rainbows backdropped by snowy Rocky Mountain peaks.

Each of us had shooting opportunities, but we didn't bag our intended quarry. Did we have a successful hunt? YES!!!!!

Note: Joining Doug Carico on this trip, were fellow bowhunters Danny Belcher, Ken Sorrells, and David McPheron.

#### Virginia Wildlife Report

As your Conservation Vice-President, it is my responsibility to see that our rejoining the Virginia Wildlife Federation goes smoothly. I need all club secretaries to send me ASAP a copy of your current 1988 roster. Without this roster, your club membership will not receive their Virginia Wildlife benefits.

#### Get Organized

I just received a report from NFAA Director John Stockman that revealed, among other things, that VBA had the secondest largest NFAA membership in the United States last year. California was No. 1. Why does a state that is certainly not No. 2 in population rank No. 2 in NFAA membership?

The answer, I believe, is organization. VBA has been blessed with some ener-

The answer, I believe, is organization. VBA has been blessed with some energetic, intelligent, dedicated members down through the years, and those individuals laid the foundation, in the form of a well thought-out constitution and bylaws for an efficient smooth-running organization

for an efficient, smooth-running organization.

How well organized is your club? Nancy Lee and I had the honor and pleasure of being the guests of Massanutten Archery Club at their recent annual banquet. This club certainly appears to be well organized. This was evidenced by the large attendance and enthusiasm of the members present. Also, by the awards that had been won for a wide variety of activities including fish taken with—are you ready?—a rod and reel. This proves that a club's ability to attract members may be limited only by the imagination of its leaders and that long-range planning is a must.

How well organized are you as a club officer or a club member? Does your club distribute a monthly newsletter listing dates of club events, etc.? Do you know where your most recent copy is? If you attend VBA meetings and receive a copy of the minutes and agenda, will you have them with you at the VBA meeting? Put your archery related correspondence on a file back, in a file folder, in a ring binder, or even in an envelope or a box. Know where it is. Get organized!

Clinton Western, President

## **CLUB NEWS**

#### **Princess Anne Bowmen**

The Princess Anne Bowmen would like to invite all archers to join us for our annual Silver Quiver Shoot on June 4, 5, 1988. The shoot will be multiple, casual registration. We promise excellent weather, and a fun time for the entire family. We are located in Virginia Beach, and there are many things to do for the non-archer family member. We are looking forward to seeing you there.

#### To all VBA members:

The Princess Anne Bowmen are grieved to announce the passing away of one of their members. On March 7, 1988, Mary Covert died and left Bob Covert (her husband) and the Princess Anne Bowmen very saddened. Mary was a long standing Barebow shooter and member of both PAB and VBA. She held the Recording Secretary's office of PAB as well as Historian and Editor/Publisher of the PAB Newsletter. We already miss her unselfish service and friendship and know all of the VBA will do the same.

#### **Two Rivers Archery Club**

Two Rivers Archery Club will be holding its annual shoot on June 11 and 12. As usual our annual is the Wild Boar Shoot with Boar targets shot from animal stakes. We will be cooking a pig Friday night to be served around noon on Saturday. There is plenty of space for camping, and being at the 4-H center, swimming, tennis, horseback riding, and other facilities are open to all. We will have Coon shoots Friday and Saturday nights. We hope many of our shooting friends will attend.

The Club is in the process of purchasing a tract of land for our new and permanent range. The site is located close to Front Royal with easy access from Rt. 66. We will keep you informed of our progress. We hope to have the range open by next year.

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#### Schedule Card Change

Smythe County Archery Club's pin shoot that was changed to May 8 has been rescheduled to May 29. Their pin shoot of April 24 has been moved to June 12th. Mark these corrections on your card to avoid further confusion.

# NORVA Presents The Golden Deer Award

During the March meeting Art Macheski, NORVA Vice President, presented Jim Little with the Golden Deer Award. This award is given only once every three years and it has been almost 6 years since the last presentation. It is given to members who show outstanding leadership, unselfish dedication to the club. Jim has shown those qualities over the years as a club member. Congratulations, Jim!!!

#### Singers Glen Bowbenders Club

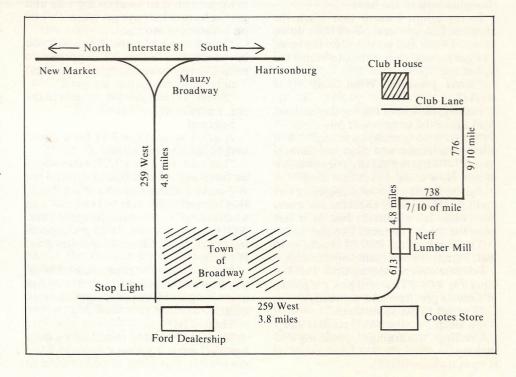
Singers Glen, Va.

We would like to announce that as of February 1988, we are now a chartered VBA and NFAA Club. We have been around since 1979 as a non-sanctioned

club. We have a membership of 100 members, we have our own 30' x 100' Club House and indoor range as well as one of the most challenging 28 Target Outdoor Ranges in the state. From this time on, all of our shoots will be held in accordance with all NFAA Rules and Classes. We will also be enforcing our own Club Rule on allowing No Alcohol on the Premises. We were too late to get our shoots in the VBA Schedule but we are listing the dates of our shoots below, along with a map to our range. Some of you have already been here, but if you need help to find us, please call Lowell Nesselrodt at 703-896-7478 or Steve Floyd at 703-433-3087. We will try to help you. Please try to visit us this summer and help us to get off to a good

#### Singers Glen Open Bow Shoots for 1988

Dates	Type
May 29	Animal Shoot
June 4-5	Deer Shoot
July 2-3	Turkey Shoot
July 16-17	Bill Dove
SIT YEST	2nd Annual Shoot
August 14	Half Animal &
F1 17. 1 5117	Half Black Face
Aug. 27-28	Annual All Deer Shoot
Sept. 10	Safari Shoot
Register	until 2 n m each day



#### **Profile**

The VBA Professional Division got off to a good start at the State Indoor Championships with 5 shooters participating. Things went real well with the Kingsboro Bowmen doing everything possible to make things easier on us. Thanks, Ed Bickham.

Yours truly took first place and received \$48.00 for the win. C. D. Miller took second and picked up \$27.00 for his efforts. Finishing third through fifth were Dale Rucker, Dusty Nutter, and Steve White. They finished just out of the money, but hang in there guys, your

pay day is coming.

I'm very happy to announce that we have our first manufacturer offering a contingency award to our Points Champion this year. Mark Lawrence of Mel's Pro Shop, maker of the very popular Mel's Lighted Scope, is giving \$50.00 to the Points Champion if he is using that scope in the Professional Tournaments. Mark has been instrumental in helping many shooters all across the state, and he continues to support the sport of archery with this award. C. D. Miller

puts himself in a good position to win the award with his second place finish at the state indoor.

I'm also happy to announce that the good people at Buggs Island Archers are hosting the Professional Division at their annual Big Apple Shoot in July. They seem real excited to have us and I'm sure glad to be going there. I will remind Pro members that we will be shooting both days of the annual for a combined two day score. The rest of our schedule looks like this:

May 14 & 15—VBA State Open Championships, Sherwood Archers, Roanoke. July 2 & 3—Big Apple Shoot, Buggs

Island Archers, Clarksville.

Sept. 3 & 4—VBA State Closed Championship, Warwick Bowmen, Newport News.

In this and future articles, I will be profiling one of our members to let you know who they are and their equipment they use so you can get some ideas on how to help your shooting. This month I will be profiling our first member, Steve White. Steve has been a long time participant in NFAA competition with several high finishes in state competition in Vir-

gina and West Virginia. He shoots a Hoyt/Easton Pro Medalist with a 30 inch draw length and a peak weight of 52 pounds. His arrows are 1914 Easton X7 with 9% bullet points cut 29 inches. The arrows are shot off a Larry Wise Rest made by Golden Key. Sighting is accomplished by a Chek-It sight employing a S&S scope. Releasing is handled by Failsafe and everything is steadied by a 36 inch stabilizer.

One of our members is looking for some Freestyle Bowhunters to join the Pro Division and will shoot freestyle until those shooters join. Come on guys, don't let this man bear the "indignity" of having to shoot with freestylers. I have also got a couple of ladies who are looking for more to join the Pro Division and get your group in the money. I welcome to hear from anyone who is interested in the Pro Division, and feel we can find you a place within our ranks. In the meantime, may all your arrows be X's!

Steve McGuire Rt. 3, Box 137 Lot 59 Smithfield, Va. 23430 (804) 357-7693

#### The Hunt

by John Street

There's that certain feeling in the air. The anticipation has been growing day by day. Every night for a week I've unpacked my bow equipment and double checked it. I've passed the time sitting in my favorite chair holding my bow, half awake, half asleep, dreaming. But, whether awake, or asleep, my only thoughts turn to the hunt.

In my mind, I know that when the moment finally comes, it all boils down to me. To me and no one else. If I miss, I've got no one, or nothing, to blame for

it, but me.

"What pressure! What fun! What work!"

Finally, the eve of the big day arrives. And again the uncertainty hits.

"Have I forgotten anything? "Will tomorrow come and find me unprepared?" "What would my friends think of me. How could I ever face them?"

Again, I pull my bow equipment out and I go through my checklist not once, but twice. It's all there. Just as it has been the other 100 times I've checked.

The check strikes 9:00. "I should be in bed. Tomorrow will come soon enough."

I debate over a wake up time. I set the clock for 4:00. "That will give me plenty of time to get there and get ready."

"I've got to get some sleep."

To sleep . . . sleep . . . restless sleep . . . rolling . . . turning . . . twisting and turning . . . .

Ring!!! The clock goes off.

"It's already 4:00! It can't be. I just went to bed. The clock has to be wrong. No, it's not. It hasn't ever been wrong."

I've got to get up.

What in the Sam Hill am I doing up at 4:00 in the morning? And then suddenly

it hits me. It's the Big Day.

I spring out of the bed, and like a mad man, begin tearing around the house in the dark. Why in the dark, you ask? Why, as as not to awaken my wife and get the lecture I always get when it's 4:00 on a Saturday morning.

"You be careful now. When will you be back? You know it's supposed to rain. Do you have enough dry clothes? You're really not going, are you?"

"SSH!" If I can just get my gear in the car, I won't have to hear it.

Success!

A quick stop at the 7-11 for a donut and coffee and I'm all set.

"Let's see, it's now 4:33. It takes about an hour and 45 minutes to drive. That will make it about a quarter to six. Yeah, that's about right. Maybe I can make up a little time if I drive over the speed limit. NO! I can hear it now. "You got a speeding ticket, too!" I hour 45 minutes pass: It's 6:28.

It's now time. I'm ready. Right? Well, as ready as I'm going to get. My equipment is right. My mind is right. Now to wait.

There it is!

My heart begins to race. I take a deep breath. I draw my bow.

"Where's my anchor? Have I lost it? No, there it is."

Everything feels good. I take aim. I hold. I hold. . . I hold . . . I hold . . . I hold . . . It's now or never. I release. The arrow flies clean. I hear it hit. Damn! A four. Oh, well, there's always next time. The hunt for the perfect score goes on.

Good hunting.

# VBA Computer Donations

Clubs:

Belvoir Bowhunters
Shawnee Bowmen
Bowhunters Paradise
Warwick Bowmen
Kingsboro Bowmen
Sherwood Archers
Buggs Island
Bearcreek Bowmen
Dixie Bowmen
Northern Va. Archers
Two Rivers Archers
Princess Anne Bowmen
Seminole Archers
Prince William Archers

Individuals:

Jack Upham Dennis Mitchell Dover England John Stockman

Others are coming in. If you are not listed you will make the next list.

#### Results VA State Indoor Championships

			-24		1						
Divison/Place	Archer	1st Day (xs)	2nd Day (xs)	Total (xs)	Divison	Place	Archer	1st Day (xs)	2nd Day (xs	.) Tota	al (xs)
BB-Women					BHFSL	-Men					
State Champion	Cay McManus	280 (17)	283 (18)	563 (35)	State Cl	nampion	Danny Alger	295 (27)	290 (33)	585	
BHFS-Women					A	2nd	Michael Smith	291 (30)	294 (27)	585	(56)
State Champion	Paula Weissand	273 (11)	273 (17)	546 (28)	1	3rd	Doug Carico	287 (12)	290 (25)	577	(37)
B 1st	Linda Fariss	269 (11)	252 (10)	521 (21)	В	1st	Les Goss	285 (24)	292 (22)	577	(46)
C 1st	Beth Meadows	224 (4)	237 (9)	461 (13)	B	2nd	Alan Lownsbery	284 (23)	284 (18)	568	
2nd	Carolyn Handy	163 (1)	188 (4)	351 (5)	1.5	3rd	Dennis Grogg	282 (21)	282 (20)	564	
BHFSL-Women		103 (1)	100 (4)	331 (3)	C	lst	Wallace Butler	265 (19)	280 (22)	545	
State Champion	Debi Barker	283 (22)	288 (18)	571 (40)		2nd	Gerald Handy	266 (10)	277 (11)	543	
A 2nd	Linda Murray	280 (10)	282 (21)	562 (31)	1 4 4 5	3rd	Freddie Luellen	265 (14)	268 (14)	533	
		,			FS-M		Freddie Lucileii	203 (14)	200 (14)	333	(20)
3rd	Anita Webb	277 (20)	226 (7)	503 (27)			D D l.	200 (45)	200 (44)	600	(90)
B 1st	Vickie Turner	258 (3)	271 (7)	259 (10)		hampion	Dan Book	300 (45)	300 (44)		
2nd	Darlene Robinson	245 (5)	240 (11)	485 (16)	A	2nd	Mark Lawrence	300 (50)	299 (46)	599	
FS—Women					1000	3rd	Johnny Grace	298 (48)	300 (48)	598	
State Champion	Marie Bell (B class)	288 (22)	293 (26)	581 (48)	В	1st	David Brubaker	288 (21)	297 (31)	585	
A 1st	Martha Washington	290 (24)	287 (23)	577 (47)		2nd	Wayne Washington	288 (33)	295 (31)	583	
2nd	Scarlet Rucker	287 (22)	288 (27)	575 (49)	784 650	3rd	Gary Brubaker	283 (21)	294 (22)	577	
B 2nd	Debbie Landes	274 (12)	277 (19)	551 (31)	C	lst	John Gray	269 (16)	279 (19)	548	(35)
C 1st	Theresa Lein	268 (7)	268 (11)	536 (18)		2nd	Melvin Blood	261 (8)	277 (15)	538	(23)
2nd	Linda Baranski	249 (7)	263 (13)	512 (20)		3rd	Kevin Webb	262 (9)	269 (15)	531	(24)
3rd	Martha McLaulin	217 (2)	226 (6)	443 (8)	FSL-			202 ()			( )
FSL—Women	Wattha Wezaum	217 (2)	220 (0)	113 (0)		hampion	Ronnie Lewis	300 (45)	299 (43)	599	(88)
State Champion	Tina Grace	202 (10)	279 (22)	562 (41)	A	2nd	Frank Ireland	298 (39)	290 (34)	588	
		283 (19)	280 (20)	553 (36)	1	3rd	Rick Grogg	294 (35)	293 (27)	587	
B 2nd	Linda Murray	273 (16)		514 (24)	В	lst	Don Savedge		285 (15)	561	
A 1st	Marianne Kemble	262 (8)	252 (16)		D			276 (12)		554	
2nd	Linda Zirkle	220 (1)	231 (5)	451 (6)		2nd	Danny Wells	274 (20)	280 (22)		
3rd	Sherry Cofer	202 (6)	221 (6)	423 (12)		3rd	Willie Goodwin	276 (19)	277 (20)	553	
BB-Men					C	lst	John Bauswell	266 (12)	271 (13)	537	
State Champion	Richard Stark	296 (31)	291 (30)	587 (61)		2nd	Benny Villorente	249 (9)	267 (10)	516	
A 2nd	Jim Barker	280 (19)	276 (20)	556 (39)		3rd	Phil Cantrell	235 (10)	262 (14)	497	(24)
3rd	Tom Schanbacher	271 (15)	273 (17)	544 (32)	Cub FS	5					
B 1st	Michael Halleron	270 (12)	266 (8)	536 (20)	State C	hampion	Kirk Landes	275 (16)	264 (11)	539	(27)
2nd	Gary Jenks	249 (8)	236 (5)	485 (13)		2nd	Brandon Short	212 (6)	232 (5)	444	(11)
BH—Men		217 (0)				3rd	Jonathan Mizelle	229 (6)	212 (3)	441	(9)
State Champion	Roy Slaughter	267 (9)	268 (12)	535 (21)	YA-FS			227 (0)	(-)		
A 2nd	Allen Cherry	266 (11)	259 (6)	525 (17)		hampion	Michael Lewis	300 (50)	299 (48)	599	(98)
3rd	Joe McManus	253 (8)	258 (9)	511 (17)	A	2nd	Jimmy Mizelle	280 (15)	280 (13)		(28)
BHFS-Men	Joe Memands	233 (8)	230 (7)	311 (17)	В	lst	Will Thomas	261 (8)	262 (11)	523	
State Champion	Roy Neville	300 (56)	299 (55)	599 (111)	C	lst	Wayne Fariss	202 (2)	183 (2)	385	
	Wesley Stigall		299 (47)	599 (98)	YA-F		wayne i aliss	202 (2)	103 (2)	303	(7)
		300 (51)	299 (47)	599 (95)		Champion	Dale Board	202 (16)	289 (28)	571	(44)
3rd	Jerry Thomas	300 (46)					Date Boatu	282 (16)	209 (20)	3/1	(44)
B 1st	Allen Thacker	286 (23)	293 (30)	579 (53)	Youth-		G. W. Li		202 (20)	512	(12)
2nd	Michael Johnson	282 (15)	294 (29)	576 (44)		Champion	Stacy Knighten	280 (22)	283 (20)		(42)
3rd	Raymond Thomas	284 (19)	276 (22)	560 (41)	В	lst	Chris Cofer	251 (5)	251 (10)		(15)
C 1st	Merio Franco	266 (15)	264 (8)	530 (23)		2nd	Frank James	207 (6)	252 (7)	459	(13)
					Youth						
					State C	Champion	Wilburn Fariss	240 (9)	250 (3)	490	(12)

# From the Office of Field Vice-President

The 1988 outdoor season has begun. Looking at the schedule, it would seem that there is some sort of tournament on just about every weekend. Those of us who are fanatic about shooting ought to be in seventh heaven, that is until our better half decides otherwise.

Even barring those types of upsets, we can still fill up at least one side of our NFAA cards. When presenting my NFAA card at a tournament, I sometimes get comments on the sheer number of scores on it. Very seldom do they comment on the actual scores shot. This is just fine with me, since some of those scores are "unmentionable" to say the least. When it's said and done, it really doesn't matter what is recorded, only that one was.

The score that counts the most is the one that I keep for the numbers of new and old faces I see at each tournament.

If this score stops, it will probably be time to stop going to all those tournaments. And then again maybe not.

Hope to see you around the state this year.

John Street VBA Field Vice President

#### For You The Archer

For this article I would like to go over a few tuning tips. But before I do, I want to remind you turkey hunters, and those of you hunting spring bear up north, to keep safety first.

Now for tuning, we are going to talk about the various types of rests, and tuning pressure type buttons. Before I get into rests, you should be shooting arrows close to the proper spine for your bow weight. Remember I discussed spine and told you how to determine your right spine. (The bending and springback capability of an arrow). Spine is determined by arrow length and diame-

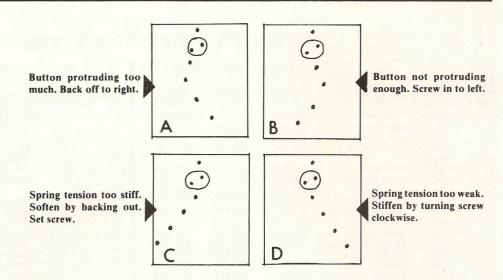
ter of the shaft, not wall thickness or weight. O.K. I would say there are four basic types of rests. 1.) being the stickon rubber, flipper or plastic type rests which are basically non tunable. 2.) There are springy type or wound wire type rests which you tune by trying different spring weights, and screwing in or out for center shot. 3.) Launcher or shoot through type rests are those rests which cradle the shaft and do not use a button or device to adjust for horizontal movement. Again these rests are adjustable in or out to correct center shot. On these type rests, you change the launcher stiffness or sometimes spring tensions to attain good arrow flight. 4.) The last rest has many varied types using springs, wires, or launchers in conjunction with a pressure device like a spring, plate or button, these are probably the toughest to tune, but if tuned properly, give excellent results. Many articles have been written about tuning those rests and I certainly can't discuss them all. A few

(Continued on page 6)

(Continued from page 5)

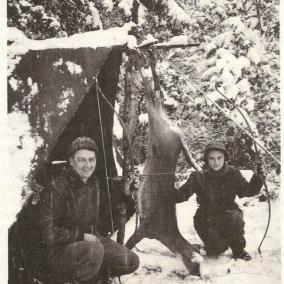
are paper tuning, zero divergence tuning, eliason tuning, etc. One of the easiest methods I use is called The French Method or Vic Berger Method. After achieving the proper nocking point, set your sight for 15 yards, put an aiming point six inches from the top of a butt and without changing the sight setting shoot an arrow in 5 yard increments from 5 to 35 yards. By comparing the vertical strike pattern to the diagrams below, you can tell what adjustments need to be made. This is for a right handed archer. Reverse the procedure if you are left handed. All arrows should be vertical when tuned properly.

Keep shooting and keep it safe.
Tom





About 1970-71. Front row: Gene Limerick, Clinton Western, Doris Woods, Edna Gillespie, Pat Hamilton, Jerome Keys, Junior Booth. Back row: Dr. McKelden Smith, Bob Gillespie, Woody Woods, Ted Grefe.



Clinton and Nancy Lee

# Do You Remember When . . .

A Bow sight was a large-headed straight pin held on the bow with adhesive tape?

—Submitted by Dutch Shultz Two Rivers

Do you have any fond memories of the good, old days? If so, send the editor a note!

The 1988 NFAA Mid-Atlantic Sectional Championships will be held at Newport News City Park's ranges and hosted by Warwick Bowmen June 18, 19. The Warwick Bowmen would like to extend a warm invitation to all the members of the Virginia Bowhunters Association to participate in the "MIDS." The State of Virginia only gets this opportunity once every 5 years to host this tournament in its own backyard.

In addition to great shooting, the Newport News area offers participants and their families a vast array of other activities from theme parks to shopping to sight seeing-there's something for everyone. Within a 30 minute drive of the park, there are the following attractions: Busch Gardens, Water Country USA, Colonial Williamsburg restored area, Yorktown Battlefield, Jamestown Island and Festival Park, Mariner's Museum, Williamsburg Pottery Factory and much more.

Camping is available at the Newport News Camp Grounds. Reservations should be made well in advance. Call 804-887-5381 for camping information.

Check in will be 6:00 p.m. to 8:00 p.m. Friday night at the activities building at the park. Refreshments will be available. Exhibits will be on hand to answer your bow tackle questions and to show their new line of equipment. Door prizes will be awarded on Sunday.

Warwick Bowmen will be celebrating their 40th anniversary. We hope all VBA members will join us in this very

special celebration.

To avoid a late registration fee, send the pre-registration form and fees to John Street, 1003 London Company

Way, Williamsburg, Va. 23185. If you are unable to attend, your registration fee will be refunded upon request. (90%)

Looking forward to showing the other six states in our section what a great group of archers comprise the Virginia Bowhunters Association.

See you in June.

Iris Street

#### From the Office of Field Vice-President

There seems to be some questions as to what can and cannot be done at tournaments that are on the card. The following should help.

#### GROUP I tournaments STATE TOURNAMENTS

A. Open

B. Closed

1. All classes and divisions are recognized as prescribed by the VBA Constitution. Awards are furnished by VBA. An open class is recognized but no awards are given.

#### GROUP II tournaments

PIN SHOOTS—a tournament where 28 field, or 28 hunter, or 14 field and 14 hunter is shot.

All classes and divisions are recognized as prescribed by the VBA Constitution. Awards are furnished by VBA. An open class may be recognized but no awards are given.

#### **GROUP III tournaments**

ANNUALS—in which 28 field, or 28 hunter, or 14 field and 14 hunter is 1. All classes and divisions are recognized as prescribed by the VBA Constitution. An open class may be recognized but no awards are given.

#### GROUP IV tournaments

ANNUALS-in which something other than field or hunter targets are

- VBA members must compete against other VBA members.
- 2. Non-VBA members must compete against other Non-VBA members.
- 3. Classes and Divisions to be recognized to be left up to the Host Club.
- 4. Awards may be given to non-VBA members.

#### GROUP V tournaments OFFICIAL NFAA ANNUAL TOURNAMENT.

A tournament in which NFAA animal targets are used and NFAA Animal Round Rules are followed.

- 1. All divisions will be recognized as set forth in the NFAA handbook.
- 2. An open class for non-NFAA members may be recognized but no awards to be given.

#### GROUP VI tournaments **UNKNOWN YARDAGE ANIMAL** SHOOTS

All unknown yardage ranges must be inspected prior to starting time.

- VBA members must compete against other VBA members. Non-VBA members must compete against other non-VBA members.
- Classes and divisions recognized to be left up to the Host Club.
- Awards may be given to non-VBA members.

## SECTIONAL TOURNAMENT REGISTRATION

This is your NFAA Sectional Tournament registration form. Complete it and mail it with your registration fees in accordance with your sectional instructions.

Name									Registration Date										
Address	City								_State			Zip							
Adult Y/A Youth Cub Family Pre-reg. \$20.00 \$17.50 \$15.00 \$10.00 \$55.00 Late reg. \$35.00 \$32.50 \$25.00 \$20.00 \$95.00 Pro Purse Fee: \$25.00	TRADITIONAL	SENIOR (over 55)	PRO	ADULT	MALE	FEMALE	YA (15-17)	YOUTH (12-14)	CUB (under 12)	BB	FS	LIMITED FS	ВН	FS/BH	LIMITED FS/BH	PRE-REG. FEE	LATE REG.FEE	PRO FEE	TOTAL FEE
											70								
						-45													

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#### From IBEP

It's time to start thinking about getting bowhunter education classes started. Due to some personal problems, I had to give up the State Directorship of IBEP last August. Richard Alexander is the new State Director. I still plan to stay active teaching. We also need bowhunters with a commitment to their sport to become IBEP instructors. Many people have asked when I will be teaching an instructor's program. If you are interested in becoming an instructor, please write me a letter stating you are interested, with your name, address and phone number. I would like 10 to 20 students for the course. When I have enough responses from the various areas, I will try to schedule a course.
Tom Schanbacher

3544 Dandelion Cres. Virignia Beach, VA 23456

Flight Deadline

The deadline for the May-June issue of FLIGHT will be May 20, 1988. Submit your articles of interest to the editor prior to that date. I encourage readers to send in letters to the editor. Remember, this is your newsletter.

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